

Medical Committee (2014-2018)
Carlos Alfredo HERMES (GUA) CHAIR
Nancy LITCKE (CAN)
Héctor GARCIA (COL)

REPORT OF THE MEDICAL COMMITTEE, WORLD ARCHERY AMERICAS
2015 – 2016

Mr. Sergio Font
Secretary General
World Archery Americas

Dear Mr. Secretary:

1. Information on Doping in the WAA Web site

In cooperation with WAA Secretary, documents concerning anti-doping control have been uploaded into WAA web site. These include:

- a. World Anti-doping Code 2015,
- b. List of Prohibited Substances and Methods,
- c. Videos on how to collect samples for anti-doping control,
- d. Consent forms for use by event organizers,
- e. Other news on Clean Sport.
- f. All the new information has been uploaded in English and Spanish.

2. Research :

- a. In coordination with Dr. Héctor García, statistical analysis of the most frequent sports injuries has been done, as well as frequent treatments and rehabilitation. This document will be presented to Dr. Nancy Little (specialist in sports rehabilitation) and recommendations to coaches will be prepared and included in the contents of seminars delivered by the members of the medical commission.
- b. The questionnaire was first used at the Medellín Tournament. We hope that it will be given in all the events in the Americas for analysis and statistical records of the medical commission.
- c. The last survey will be done after concluding the repechage tournament for Río 2016 in Medellín 2016. After that moment, all the information will be collected for analysis.

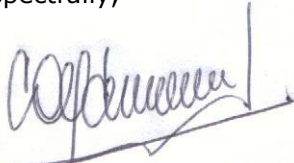
3. Regarding training on anti-doping sample collection, at each international tournament that requires such controls, a national or regional anti-doping agency is responsible for providing the Anti-doping Control Officials who will be supervised by a member of WA or WAA Medical Commission, in defense of the WA athletes' rights and of the Doping Free Sports.

- a. Training of chaperones who cooperate with anti-doping activities is carried out in every tournament to guarantee the implementation of international standards.

4. This Committee makes the following recommendation:
 - a. It would be very fruitful to have at least 2 hours in every competition for meetings with our coaches to talk about anti-doping, possible injuries and rehabilitation.
 - b. We should use the modifications of WAA statute in Costa Rica for a change in the name of the commission for **Comité de Ciencias Médicas y afines del Deporte** or the English **MSSC (Medical Sport Science Committee)** to be equivalent to WA Medical Committee.

Thank you for your attention,

Respectfully,



Dr. Carlos Alfredo Hermes Beltranena, Q.B.
Chairman
WAA Medical Committee